



## MASS INTENTIONS

**Saturday, February 18<sup>th</sup>, 2012**

4:00 pm – **Bella Dobkowski**  
(*Birthday Remembrance*)

Request By: *Robert and Irene Hughes*

**Sunday February 19<sup>th</sup>, 2012**

8:00 am – **Melissa Creamer**  
(*Birthday Remembrance*)

Request By: *Her Mother, Alice*

10:30 am – **Robert N. Smith**

Request by: *Father Michael*

**Monday, February 20<sup>th</sup>, 2012**

9:00 am – **Dennis Ferry**

Request By: *His Mother, Rita*

**Tuesday, February 21<sup>st</sup>, 2012**

9:00 am – **People of St. Mark's Parish**

**Wednesday, February 22<sup>nd</sup>, 2012**

9:00 am – **Annette Guertin**

Request By: *Her Daughter, Ann Beausoleil*

4:00 pm – **MASS**

7:00 pm – **MASS**

**Thursday, February 23<sup>rd</sup>, 2012**

9:00 am – **Alice Houde**

Request By: *Lou and Paula Schraffa*

**Friday, February 24<sup>th</sup>, 2012**

9:00 am – **Communion Service**

**Saturday, February 25<sup>th</sup>, 2012**

4:00 pm – **Francis Moore, Jr.**  
(*Birthday Remembrance*)

Request By: *Parents, Pat and Fran*

**Sunday February 26<sup>th</sup>, 2012**

8:00 am – **Mary Milley**

Request By: *Laurie Williams*

10:30 am – **Robert Tierney**

Request by: *Scribner Family*

## Readings for the Week of February 19, 2012

Sunday: Is 43:18-19, 21-22, 24b-25/2 Cor 1:18-22/Mk 2:1-12  
Monday: Jas 3:13-18/Mk 9:14-29  
Tuesday: Jas 4:1-10/Mk 9:30-37  
Wednesday: Jl 2:12-18/2 Cor 5:20--6:2/Mt 6:1-6, 16-18  
Thursday: Dt 30:15-20/Lk 9:22-25  
Friday: Is 58:1-9a/Mt 9:14-15  
Saturday: Is 58:9b-14/Lk 5:27-32  
Next Sunday: Gn 9:8-15/1 Pt 3:18-22/Mk 1:12-15



## YOUTH MINISTRY

The next Life Teen is Sunday, Feb 19<sup>th</sup>  
The next Edge is Sunday, Feb 26<sup>th</sup>

**A service opportunity:** Come help paint the new youth room in the parish hall on Tuesday, February 21! First coat 11am - 1pm, second coat 6 - 8pm, come to one or both as you are able.



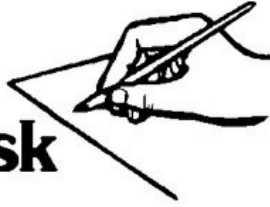
## Super Saturday

**The 3rd Super Saturday for Confirmation** won't be rescheduled - it will instead be combined with the fourth and final one on March 10<sup>th</sup>.

## Lenten Sacrificial Bowls

Once again this Lent we are offering you the opportunity to use our Lenten Bowls to support the charitable work of our Haiti Committee which supports the Foyer St. Etienne Nursing Home in Les Cayes, Haiti. This year your sacrificial offerings are especially needed to provide adequate food for the residents, since CRS has ended their food program in the area. Also supported by your donations is the work of our St. Vincent de Paul Conference which helps needy families here in Sutton.

## From the Pastor's Desk



### Little Black Books For Lent

For this Lent, I ordered extras (since we ran out last year) of the Little Black Books which have daily meditations for Lenten time. The meditations begin this Sunday and are very practical for your daily use. Please take the books and share them with your friends and relatives who might want one.

Some of my own suggestions for Lenten spirituality:

- attend a daily Mass and experience some quiet time around the Eucharist

(whether its daily Mass here or near where you work)

- make it a point to go to Confession during Lent

- use our Lenten Bowls and eat a sacrificial meal at least once a week

Sincerely,

Father Michael



### The Sacrament of Penance

*Tuesdays of Lent 7-8 PM*

Beginning Tuesday February 28 and every Tuesday of Lent from 7-8PM Father Michael will be in church available for Confession. Take this Lenten time for a renewal of heart and soul! Every parish in our diocese will join in this Tuesday evening time.



**Fridays of Lent 7 PM**

Every Friday of Lent at 7 PM Deacon Paul or Deacon Ed will lead the Stations of the Cross. Join them in the footsteps of our Lord as He walked to the Cross, giving His life for us and all humanity.

Ash  
Wednesday

Ash Wednesday Masses will be celebrated as follows:

9:00 am

4:00 pm

7:00 pm

Ash Wednesday is a day of Fast and Abstinence from meat.

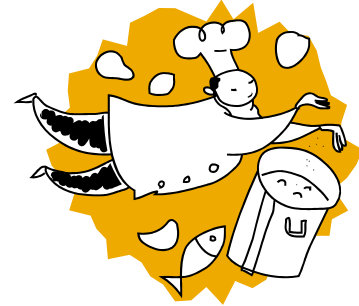
-----  
**Guidelines for Fast and Abstinence**  
-----

Lenten fast and abstinence regulations for the Diocese of Worcester are as follows:

Abstinence from meat is to be observed by all Catholics fourteen (14) years of age and older on Ash Wednesday, Good Friday and all Fridays of Lent.

Fasting is to be observed by all Catholics who are eighteen (18) years of age but not yet fifty-nine (59) years of age on Ash Wednesday and Good Friday.

Those who are bound to fast may take only one full meal. Two smaller meals are permitted if necessary to maintain strength according to one's needs, but eating solid foods between meals is not permitted. Catholic should not lightly excuse themselves from these prescribed Lenten penitential practices.



**Knights of Columbus**

**Lenten Friday Fish Fry  
Begins February 24**

As usual the trailer will be hopping with the Knights cooking up Fish Chowder and Fish and Chips for your Friday night suppers! Come and join the drive up line in our parking lot every Friday of Lent!



**Tax Time and Contribution Statements**

If you would like a statement of donations for 2011, please contact Laurie at the rectory at your convenience or email

[st.mark-office@verizon.net](mailto:st.mark-office@verizon.net)



Jesus said to the paralytic, "I say to you, rise, pick up your mat, and go home." He rose, picked up his mat at once, and went away in the sight of everyone. They were all astounded and glorified God, saying, "We have never seen anything like this." - Mk 2:11-12